

GP Guy Coolen 2026: Session: 2: COACH evaluation sheet for TEAM: ZDKB

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ 13:45 The listed starttimes are indicative!

Coaches: Meertens Lara HEADCOACH

Coaches: Reyskens Sven

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 11: 50M BACKSTROKE WOMEN 11+			Heat:1, starttime: 14:00
Heat: 1/9 Lane : 1 Athlete: TAMER MOHAMMED KARMA			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): 00:44.16 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 11: 50M BACKSTROKE WOMEN 11+			Heat:1, starttime: 14:00
Heat: 1/9 Lane : 5 Athlete: LELIAERT OLIVIA			Q-time: 00:53:20
PB (25m pool): 00:53.20 Bilzen 25/01/2026			PB (50m pool): no time SB: 00:53.20 Bilzen 25/01/2026
	2 5 M	5 0 M	
PB		00:53.20	
	00:53.20		
			

Coach feedback:

Event number: 11: 50M BACKSTROKE WOMEN 11+			Heat:2, starttime: 14:02
Heat: 2/9 Lane : 1 Athlete: LAPIERRE EMMA			Q-time: 00:45:59
PB (25m pool): 00:45.59 Beringen 16/03/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:45.59	
	00:45.59		
			

Coach feedback:

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Event number: 11: 50M BACKSTROKE WOMEN 11+			Heat:3, starttime: 14:04
Heat: 3/9 Lane : 3 Athlete: WOLFS LOLA			Q-time: 00:42:64
PB (25m pool): 00:42.64 Maastricht 30/12/2025			PB (50m pool): 00:45.25 SB: 00:42.64 Maastricht 30/12/2025
	2 5 M	5 0 M	
PB		00:42.64	
		00:42.64	
			

Coach feedback:

Event number: 11: 50M BACKSTROKE WOMEN 11+			Heat:6, starttime: 14:10
Heat: 6/9 Lane : 1 Athlete: COEMANS KAAT			Q-time: 00:38:42
PB (25m pool): 00:38.42 Maastricht 30/12/2024			PB (50m pool): 00:39.10 SB: no time
	2 5 M	5 0 M	
PB		00:38.42	
		00:38.42	
			

Coach feedback:

Event number: 11: 50M BACKSTROKE WOMEN 11+			Heat:6, starttime: 14:10
Heat: 6/9 Lane : 5 Athlete: VANHAEREN RENÉE			Q-time: 00:37:97
PB (25m pool): 00:37.97 Bilzen 25/01/2026			PB (50m pool): 00:38.20 SB: 00:37.97 Bilzen 25/01/2026
	2 5 M	5 0 M	
PB		00:37.97	
		00:37.97	
			

Coach feedback:

Event number: 12: 50M BUTTERFLY MEN 11+			Heat:1, starttime: 14:17
Heat: 1/8 Lane : 3 Athlete: KRYLOV ALEXANDER			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): 00:46.12 SB: no time
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

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Event number: 12: 50M BUTTERFLY MEN 11+			Heat:3, starttime: 14:21
Heat: 3/8 Lane : 3 Athlete: LYSSENS SIEBE			Q-time: 00:39:25
PB (25m pool): 00:39.25 Bree 01/06/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:39.25	
	00:39.25		
			

Coach feedback:

Event number: 12: 50M BUTTERFLY MEN 11+			Heat:3, starttime: 14:21
Heat: 3/8 Lane : 5 Athlete: ERNOTS JOPPE			Q-time: 00:46:21
PB (25m pool): 00:46.21 Maastricht 30/12/2025			PB (50m pool): 00:44.82 SB: 00:46.21 Maastricht 30/12/2025
	2 5 M	5 0 M	
PB		00:46.21	
	00:46.21		
			

Coach feedback:

Event number: 12: 50M BUTTERFLY MEN 11+			Heat:5, starttime: 14:23
Heat: 5/8 Lane : 4 Athlete: SWENDROWSKI MILAN			Q-time: 00:32:46
PB (25m pool): 00:32.46 Maastricht 30/12/2025			PB (50m pool): 00:32.56 SB: 00:32.46 Maastricht 30/12/2025
	2 5 M	5 0 M	
PB		00:32.46	
	00:32.46		
			

Coach feedback:

Event number: 12: 50M BUTTERFLY MEN 11+			Heat:6, starttime: 14:25
Heat: 6/8 Lane : 5 Athlete: JANS SEN			Q-time: 00:31:52
PB (25m pool): 00:31.52 Maastricht 30/12/2025			PB (50m pool): 00:31.06 SB: 00:31.52 Maastricht 30/12/2025
	2 5 M	5 0 M	
PB		00:31.52	
	00:31.52		
			

Coach feedback:

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Event number: 13: 100M FREESTYLE WOMEN 11+					Heat:1, starttime: 14:29
Heat: 1/11 Lane : 2 Athlete: VAN GOMPEL ANAÏS					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11+					Heat:1, starttime: 14:29
Heat: 1/11 Lane : 5 Athlete: POOTERS LIVIA					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 14: 100M BREASTSTROKE MEN 11+					Heat:2, starttime: 14:53
Heat: 2/7 Lane : 2 Athlete: ERNOTS JOPPE					Q-time: 01:40:68
PB (25m pool): 01:40.68 Bilzen 25/01/2026 PB (50m pool): 01:39.24 SB: 01:40.68 Bilzen 25/01/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.34		01:40.68	
	00:47.34		00:53.34		
					

Coach feedback:

Event number: 15: 50M FREESTYLE WOMEN 11+					Heat:1, starttime: 15:07
Heat: 1/7 Lane : 3 Athlete: LAPIERRE EMMA					Q-time: 00:38:66
PB (25m pool): 00:38.66 Beringen 08/02/2026 PB (50m pool): no time SB: 00:38.66 Beringen 08/02/2026					
	2 5 M	5 0 M			
PB		00:38.66			
	00:38.66				
					

Coach feedback:

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Event number: 15: 50M FREESTYLE WOMEN 11+			Heat:1, starttime: 15:07
Heat: 1/7 Lane : 5 Athlete: LELIAERT OLIVIA			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 15: 50M FREESTYLE WOMEN 11+			Heat:2, starttime: 15:08
Heat: 2/7 Lane : 4 Athlete: TAMER MOHAMMED KARMA			Q-time: 00:35:47
PB (25m pool): 00:35.47 Beringen 16/03/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:35.47	
	00:35.47		
			

Coach feedback:

Event number: 15: 50M FREESTYLE WOMEN 11+			Heat:3, starttime: 15:10
Heat: 3/7 Lane : 5 Athlete: WOLFS LOLA			Q-time: 00:34:58
PB (25m pool): 00:34.58 Hasselt 04/05/2025			PB (50m pool): 00:35.33 SB: 00:34.60 Beringen 08/02/2026
	2 5 M	5 0 M	
PB		00:34.58	
	00:34.58		
			

Coach feedback:

Event number: 15: 50M FREESTYLE WOMEN 11+			Heat:5, starttime: 15:12
Heat: 5/7 Lane : 4 Athlete: COEMANS KAAAT			Q-time: 00:31:28
PB (25m pool): 00:31.28 Maastricht 30/12/2025			PB (50m pool): 00:30.88 SB: 00:31.28 Maastricht 30/12/2025
	2 5 M	5 0 M	
PB		00:31.28	
	00:31.28		
			

Coach feedback:

GP Guy Coolen 2026: Session: 2: COACH evaluation sheet for TEAM: ZDKB

Event number: 16: 50M BREASTSTROKE MEN 11+			Heat:1, starttime: 15:16
Heat: 1/7 Lane : 3 Athlete: KRYLOV ALEXANDER			Q-time: 00:55:59
PB (25m pool): 00:55.59 Bree 16/02/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:55.59	
		00:55.59	
			

Coach feedback:

Event number: 16: 50M BREASTSTROKE MEN 11+			Heat:3, starttime: 15:20
Heat: 3/7 Lane : 2 Athlete: LYSSENS SIEBE			Q-time: 00:49:42
PB (25m pool): 00:49.42 Bree 01/06/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:49.42	
		00:49.42	
			

Coach feedback:

Event number: 16: 50M BREASTSTROKE MEN 11+			Heat:6, starttime: 15:24
Heat: 6/7 Lane : 1 Athlete: SWENDROWSKI MILAN			Q-time: 00:37:21
PB (25m pool): 00:37.21 Lommel 22/02/2026			PB (50m pool): 00:39.47 SB: 00:37.21 Lommel 22/02/2026
	2 5 M	5 0 M	
PB		00:37.21	
		00:37.21	
			

Coach feedback:

Event number: 16: 50M BREASTSTROKE MEN 11+			Heat:7, starttime: 15:26
Heat: 7/7 Lane : 1 Athlete: JANS SEN			Q-time: 00:33:70
PB (25m pool): 00:33.70 Maastricht 30/12/2025			PB (50m pool): 00:34.85 SB: 00:33.70 Maastricht 30/12/2025
	2 5 M	5 0 M	
PB		00:33.70	
		00:33.70	
			

Coach feedback:

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Event number: 25: 4x50M MEDLEY MIXED							Heat:1, starttime: 16:27	
Heat: 1/1 Lane : 1 Athlete: TEAM ZDKB 1							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 25: 4x50M MEDLEY MIXED							Heat:1, starttime: 16:27	
Heat: 1/1 Lane : 2 Athlete: TEAM ZDKB 2							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: